



We build strong kids, strong families, strong communities.

CONEJO VALLEY YMCA
FALL, WINTER, AND SPRING 2009-2010
SWIM LESSON REGISTRATION FORM

Participant Information

Participant's First Name: _____ Last: _____

Participant's Gender: Male Female (Please Circle) D.O.B: _____ Age: _____

Parent's First Name: _____ Last: _____

Address: _____ City: _____ Zip: _____

Home Phone: (____) _____ Alternate Phone #: (____) _____

Email Address: _____@_____

Sessions

PLEASE SELECT A 7 WEEK SESSION FOR GROUP OR PRIVATE LESSONS:

I: Fall I II: Fall II III: Winter IV: Spring I V: Spring II

[] Sept. 14th-Oct. 31st [] Nov 2-Dec.19th [] Jan. 11th-Feb. 27th [] March 1st-April 24th [] April 26th-June 12th

No lessons on November 26. Make ups on Friday, Dec. 5, 2009 No classes during Spring Break April 3-9, 2010

Weekday Lessons

CHOOSE EITHER :

[] Monday/Wednesday Lessons [] Tuesday/Thursday Lessons

Morning Group Lessons:		Afternoon/Evening Group Lessons:	
9:00am-9:30am: [] Pike [] Eel [] Ray	3:10pm-3:40pm T/Th	[] Pike [] Eel [] Ray	[] Polliwog [] Guppy [] Minnow [] Fish
11:00am-11:30am T/Th [] Pike [] Eel [] Ray	3:10pm-3:40pm M/W	[] Polliwog [] Guppy [] Minnow [] Fish	[] Polliwog [] Guppy [] Minnow [] Fish
11:30am-12:00 pm: M/W [] Pike [] Eel [] Ray	4:20pm-4:50pm:	[] Pike [] Eel [] Ray	[] Pike [] Eel [] Ray
12:00pm-12:30pm: T/Th [] Pike [] Eel [] Ray [] Tot	4:55pm-5:25pm T/Th	[] Polliwog [] Guppy [] Minnow [] Fish	[] Polliwog [] Guppy [] Minnow [] Fish
	5:30pm-6:00pm:	[] Pike [] Eel [] Ray	[] Pike [] Eel [] Ray
	6:05pm-6:35pm:	[] Guppy [] Minnow [] Fish	[] Guppy [] Minnow [] Fish
	6:40pm-7:10pm:	[] Adult Group Swim Lessons	[] Adult Group Swim Lessons

Private Lessons

CHOOSE EITHER :

[] Monday/Wednesday Private Lessons [] Tuesday/Thursday Private Lessons [] Saturday Private Lessons

Morning Lessons	Evening Lessons	Saturday Lessons:
8:30am-9:00am: [] Level: _____	4:55pm-5:25pm: M/W [] Level: _____	8:30am-9:00am: [] Level: _____
9:40am-10:10am: [] Level: _____	5:30pm-6:00pm: [] Level: _____	12:15pm-12:45pm: [] Level: _____
11:00am-11:30am: M/W [] Level: _____	6:40pm-7:10pm: [] Level: _____	
11:30am-12:00pm: T/TH [] Level: _____		
12:00pm-12:30pm: M/W [] Level: _____		

Saturday Lessons

[] Saturday Lessons:

9:00am-9:30am: [] Pike [] Eel [] Ray

9:40am-10:10am: [] Polliwog [] Guppies [] Minnow [] Fish

10:20am-10:50am: [] Parent/Tot [] Pike [] Eel [] Ray

11:00am-11:30am: [] Polliwog [] Guppies [] Minnow [] Fish

11:40am-12:10pm: [] Pike [] Eel [] Ray

12:15pm-12:45pm: [] Polliwog [] Guppies [] Minnow [] Fish [] Adult Swim Lessons

Levels

Pike: 3-5 year old, beginning swimmer with little or no water experience. **Polliwog:** 6 yrs & up, beginning swimmer with little or no water experience.

Eel: 3-5 year old, comfortable going under water and doing arm strokes. **Guppy:** 6 yrs & up, comfortable swimming the length of the pool without assistance.

Ray: 3-5 year old, comfortable floating on front and back for 10 seconds without assistance and swims 15 feet. **Minnow:** 6 yrs & up, swims without assistance 25 yds. of freestyle, breaststroke and backstroke.

Fish: 6 yrs & up, comfortably swims 50 yds. of freestyle, backstroke, and breaststroke.

SIGN

I Have Read & Understand the Aquatics Department's Policies.

Name: _____ Signature: _____ Date: _____

OFFICE USE ONLY

CHECK THE CORRECT LESSON TYPE & RATE	Full Member Rates Fall, Winter, and Spring	Program Member Rates Fall, Winter, and Spring
Weekday Group Lessons	\$79 for 14 Lessons	\$140 for 14 Lessons
Saturday Group Lessons	\$46 for 7 Lessons	\$77 for 7 Lessons
Weekday Private Lessons	\$280 for 14 Lessons	\$350 for 14 Lessons
Saturday Private Lessons	\$140 for 7 Lessons	\$175 for 7 Lessons

PAYMENT TYPE: CASH CHECK # _____ VISA MASTERCARD DISCOVER

Other Fees	
Individual Program Membership	\$40
Family Program Membership	\$80

YMCA CREDIT Amount: _____ **TOTAL:** _____

Registration Date: _____

MST PID#: _____ Staff Initials: _____